

Henk's Points of Peculiarity

Nine points of peculiarity in a mix that makes my work with couples a little different:

- Research-informed insights into relationships cultivated by intentional study. An ongoing aspiration to read and write every morning at 4:45 AM that expands my thinking and shapes my practice. I'm engaged in daily learning that others bring to this field;
- Practice-informed insights into relationships with which I have consulted over the years.
- Insights from my 37 year marriage to my lovely wife, Jenny, who is an experienced relationship counsellor, and a wonderfully insightful companion in our own equal partnership.
- Maturity-informed insights into relationships. I'm an older guy and maturity that has arrived and thrived more fully later in my life;
- I hold to the belief that each person who meets with me is a child of God with incalculable value (great worth) regardless of past choices and past events in their lives. This belief invites me into unconditional positive regard;
- The negotiation of an eclectic approach and intentional practices to shape the relationships which which I consult;
- A unique growing epistemology shaped by the great need to explore the thoughts and words of great thinkers; and
- An ongoing repositioning, or rather shuffling, for greater congruence in the way I locate myself in this work.